



## Home Medication Review (HMR) Desk Top Guide for GPs

This service is also known as the Domiciliary Medication Management Review (DMMR)

1. **Identify** suitable patients, (see guide to the right) usually at a non-related appointment.
2. Obtain informed **consent** from patient and document in notes.
3. Complete **Referral Form** (available on MD2, Medtech 32, Eyre Care and the HMR Kit) and include medication medical Hx, blood test results and patients contact telephone number.
4. Deliver referral form to **patients preferred community pharmacist**. (Patient can deliver referral if preferred)
5. The Community Pharmacy, in conjunction with the **Accredited Pharmacist**, will arrange to conduct the home review and provide the GP with a written report
6. GP and Pharmacist **must discuss** the report either face to face or via telephone
7. Using the report information, the GP drafts a **Medication Management Plan** (available on MD2, Medtech 32, Eyre Care and in the HMR Kit)
8. Recall patient to discuss and **agree** to the Medication Management Plan. (MMP)
9. GP distributes a **copy** of the MMP to the **Patient and Pharmacist**.
10. Implement the MMP including the agreed actions, follow up and monitoring.
11. Patient charged **MBS Item 900** upon completion of HMR process.

**Scheduled Fee: \$120-00**

**Rebate: \$102-00**

## Patient Selection Guide

- Currently taking five or more regular medications
- Taking more than twelve medication doses per day
- Significant changes to medication regime in last three months
- Medications with narrow therapeutic index or medication requiring therapeutic monitoring
- Symptoms suggestive of adverse drug reaction
- Sub therapeutic response to treatment with medication
- Suspected non-compliance or inability to manage medication related therapeutic devices
- Patient having difficulty managing their own medicines due to literacy numeracy, NESB, dexterity, impaired vision, confusion or other cognitive difficulties.
- Attending a number of different Doctors, both GPs and Specialists
- Recent discharge from a facility / hospital (within last four weeks)
- Other medication problems / issues

## Other Points to Consider

HMR is available once per annum per patient except where significant changes in patient's condition or medication regime occur.

Allied Health workers, carers and consumers may identify patients considered suitable for a HMR but only the GP can initiate referral to a community pharmacist.

HMR is not available to patients in hospitals or nursing homes.

The HMR should be conducted in the patients' home.

Do not conduct a separate consultation in conjunction with completing the HMR unless it is clinically indicated that a problem must be treated immediately.